SAFER cycling: from crash avoidance to injury reduction – increased visibility and reduction of injuries by smart clothes and materials

Helena Stigson

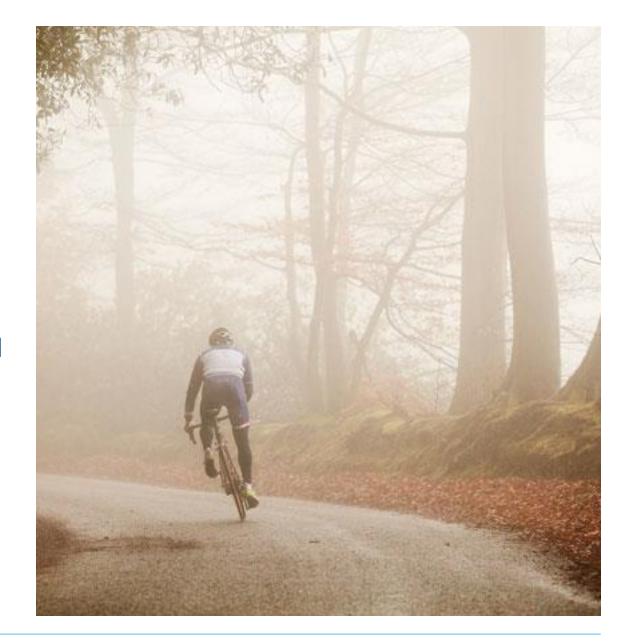
Senior Researcher at Folksam Insurance Group
Associate Professor at Chalmers University of Technology



Detect cyclist

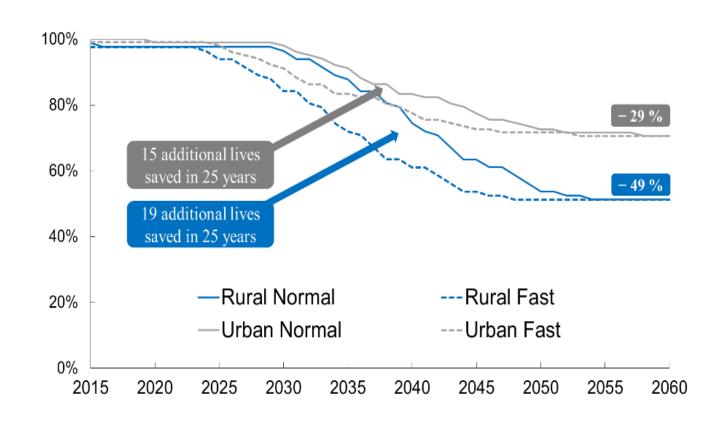
- Most common accident scenario on rural roads is that the bicyclist is struck while cycling along the road
- Even if most of the accidents occurred in daylight conditions drivers claims that they did not see the cyclist

Source: Kullgren et al 2019



Future estimate of fatally injured bicyclists due to vehicle technology

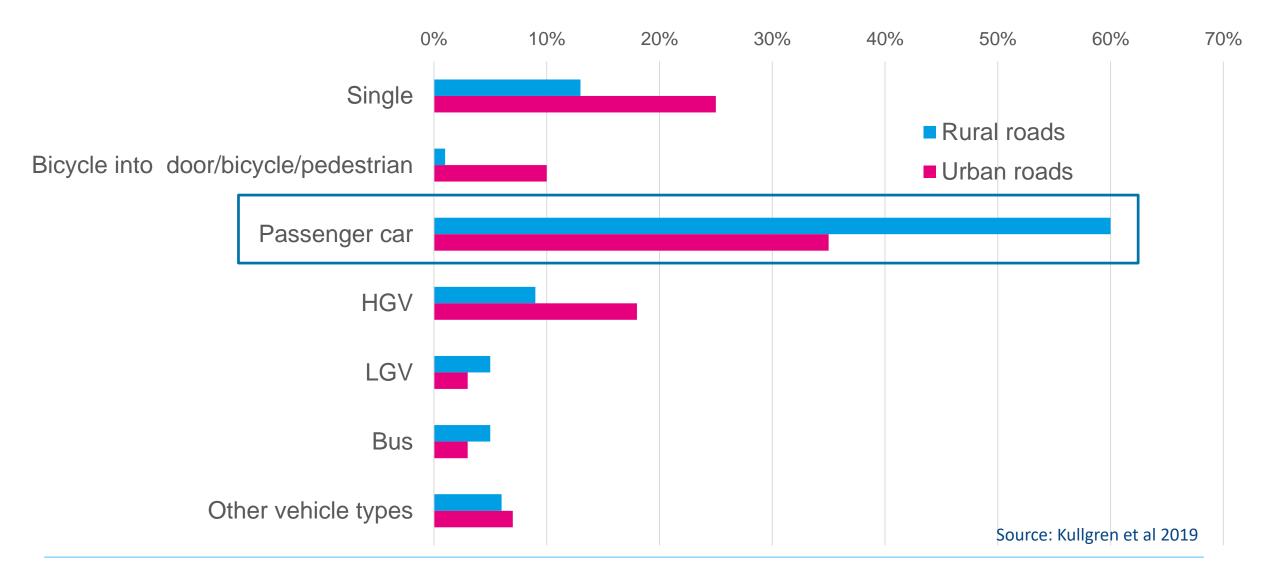
- Maximum effect regarding saved lives is expected year 2050
- Majority of fatalities would still remain in 2030
 - Important to speed up the implementation
 - Any other sulutions?



Source: Kullgren et al 2019

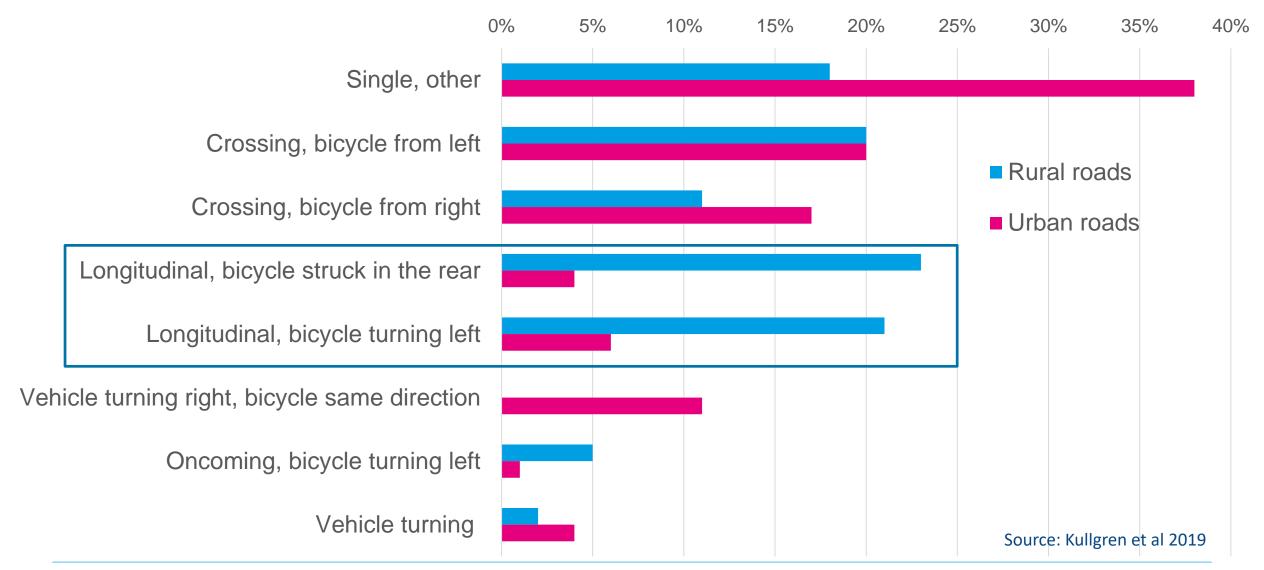


Distribution of fatalities per vehicle type





Accident type

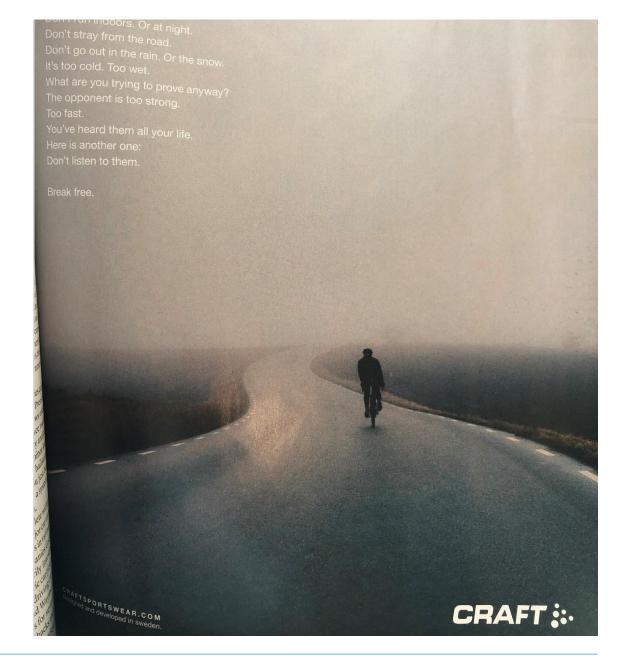




Some other descriptive findings

- 73% daylight 21% darkness
- Alcohol: 15% of cyclists only 3% of drivers
- Drugs: 2% of cyclists none of the drivers
- 75% no helmet 46% of these would survived using helmet

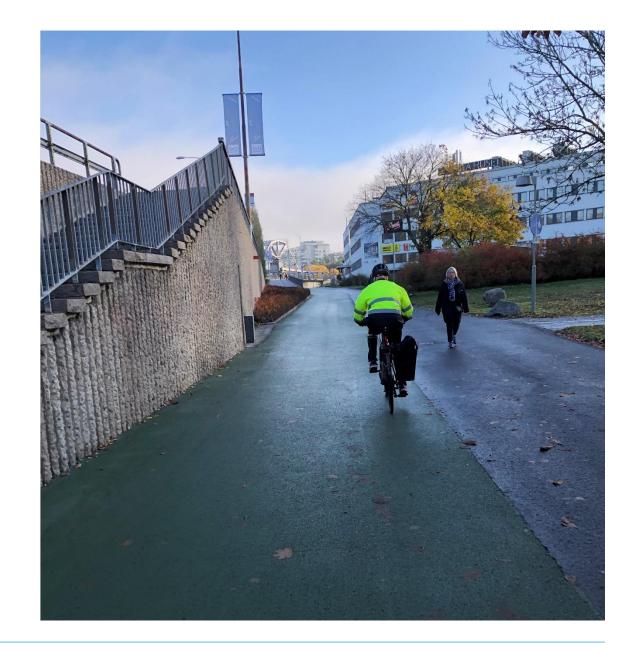
Source: Kullgren et al 2019



How to distinguishes riders from their surroundings? – Biomotions

- By highlight moving body parts with fluorescent or reflective material both the prediction of the cyclist's intention and possibility for detection increases
- Biomotion will increase cyclist's likelihood of being seen by up to 88%

Source: P. Hemeren 2018



How can we influence cyclists' clothing?





Research Questions

- How can we increase the ability of driver to detect cyclist in daylight conditions and thereby reduce the seriousness of injuries in case of a crash?
- What are the requirements on a shoulder protection system against injuries to make it both protective and accepted?

10 % Head/Face Cervical Spine 6 % Thoracic/Lumbar 5 % Upper Extremity 50 % Thorax/Abdome 1% 28% Extremity/Pelvis Source: Folksam

Prevent most common injury





Injury Mechanisms and Strategies to Prevent Injuries to Upper

Extremities

 90% was result from a fall onto the shoulder or direct hit of the clavicle

8 out of 10 reported falling sideways

 Could shoulder pad reduce impact force and thereby reduce injury risk?

Source: Stigson et al 2014

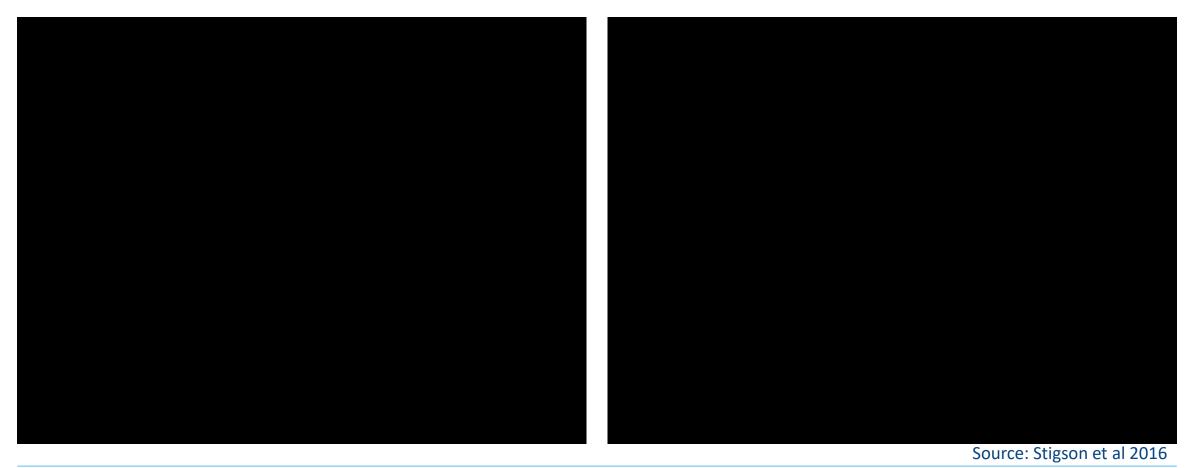


Research Questions

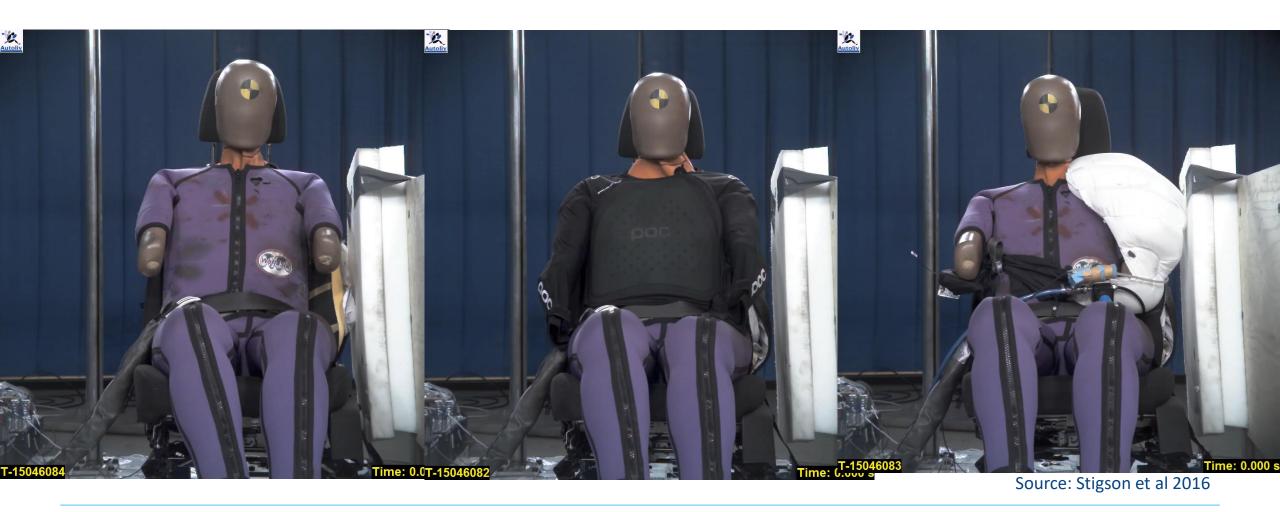
- How can we increase the ability of driver to detect cyclist in daylight conditions and thereby reduce the seriousness of injuries in case of a crash?
- What are the requirements on a shoulder protection system against injuries to make it both protective and accepted?

What happens with the shoulder during impact?

- Simulations with a Falling Model



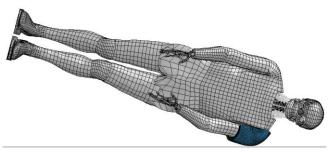
WorldSID without shoulder protection, with existing shoulder pad jacket and a prototype airbag



SAFER Pre-study Partners: Folksam, VTI, Chalmers, University of Borås and University of Gothenburg (Sahlgrenska Academy)



 Experts on: competitive cycling, orthopedics, injury mechanisms, smart textiles and composite materials to identify how modern technology can aid to decrease harmful cycling accidents.





Thank you for your attention!

Helena Stigson, PhD

Senior Researcher at Folksam Insurance Group Associate Professor at Chalmers University of Technology

E-mail: helena.stigson@folksam.se

+4670-831 62 04



