

# Distraction and workload driving around Amsterdam

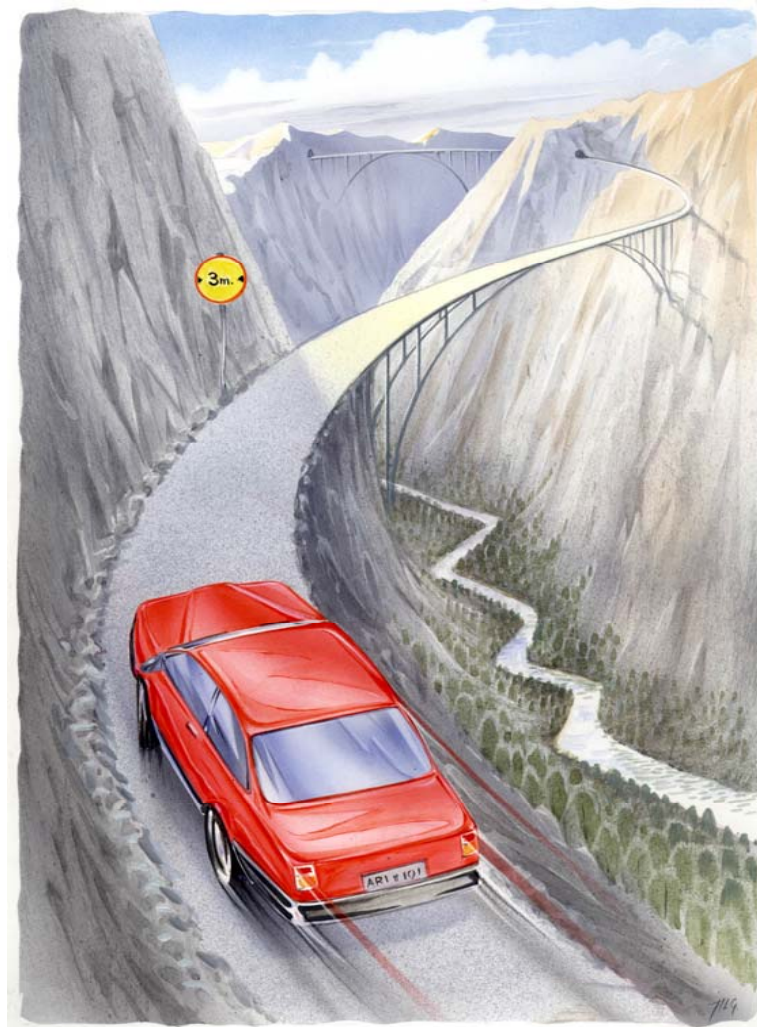
Jeroen Hogema

**TNO** | Knowledge for business



# Driving seems so easy

(Lie, 2003)



# Driver Distraction and Inattention – *what I learned today...*

Mike Reagan

- Distraction often poorly (or not) defined...
- Attention = key concept
  - *Distraction* is about distribution of attention
  - *Workload* is about amount of attention required
- Holiday photo's can be thrown in !

Nina Schaap

- Distraction and workload are similar, not the same
- Distraction: readiness to respond, to detect events are important
- Peripheral Detection Task (PDT) can be used to assess this





# Research question

What is the influence of environmental characteristics on workload?

A10 Beltway Amsterdam

Very complex environment with:

- Buildings
- Fly-overs
- traffic signs
- on- and off ramps
- motorway junctions
- VMS
- DRIPS
- advertisements
- etc.



# Method

Compare measures of workload and driving behaviour on exactly the same road only differing in richness of the environment

1. Complex, full environment
2. Empty environment

NB: road layout and other traffic stays the same



## Complex: Realistically modelled environment based on real life photography



Empty: Same road, environment taken away





# Workzone

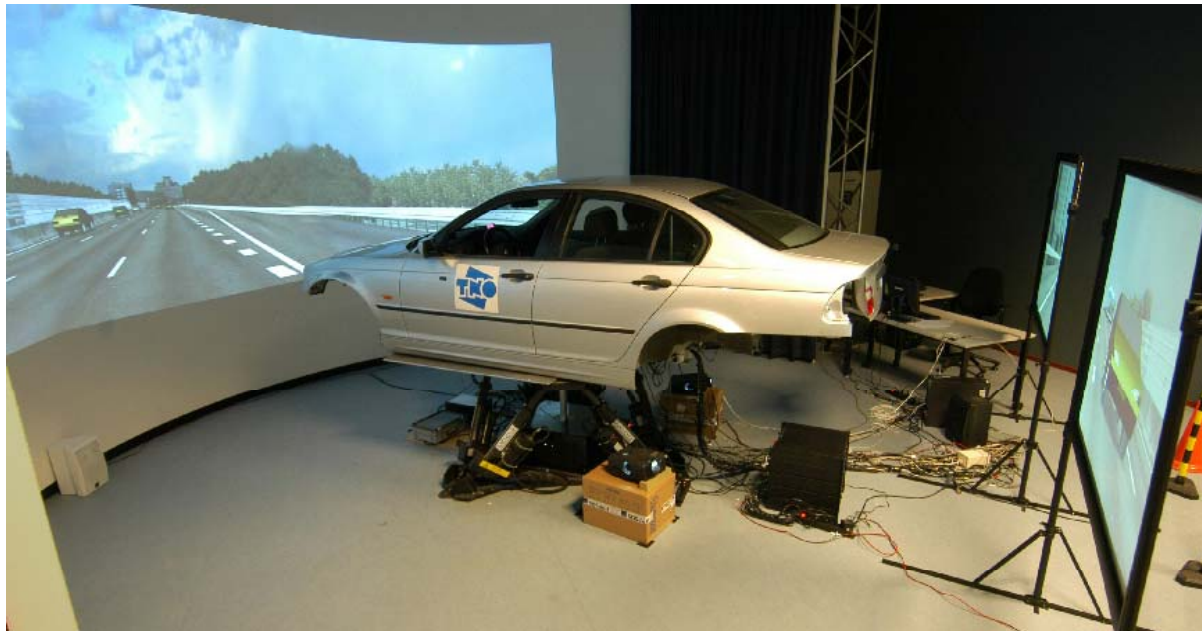


# Workzone removed



# Simulator

- TNO's moving base driving simulator
- Other traffic: fluent, high density
  - 100 km/h with slight fluctuations
  - 1 s time headway
  - all lanes occupied



# Dependent variables

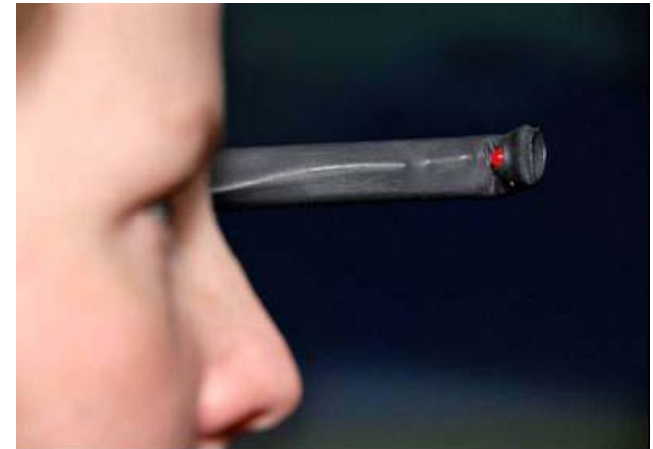
- Peripheral Detection Task
- Secondary task: Digit Task
- RSME
  
- Behavioural measures





# Peripheral detection Task (PDT)

- Suitable for short periods of time (peak loads)
- Able to measure variations in workload
- Is not distracting attention
- Suitable for different workload conditions:
  - road environment
  - traffic situation
  - in-vehicle system
  - etc.
- Target presented during 1 s
- 3-5 s inter-stimulus interval



# Digit Task

- Visual detection task
- Display on the ground of the car in front of passenger's seat
- Neutral stimulus: '00'
- Target stimulus: '99'
- Target presented during 2 s
- 3-8 s inter-stimulus interval

## Digit Task vs PDT

- *Can only be seen when looking*
- *Better for 'spare capacity' ?*
- *More interfering ?*
- *More variability?*



# Method

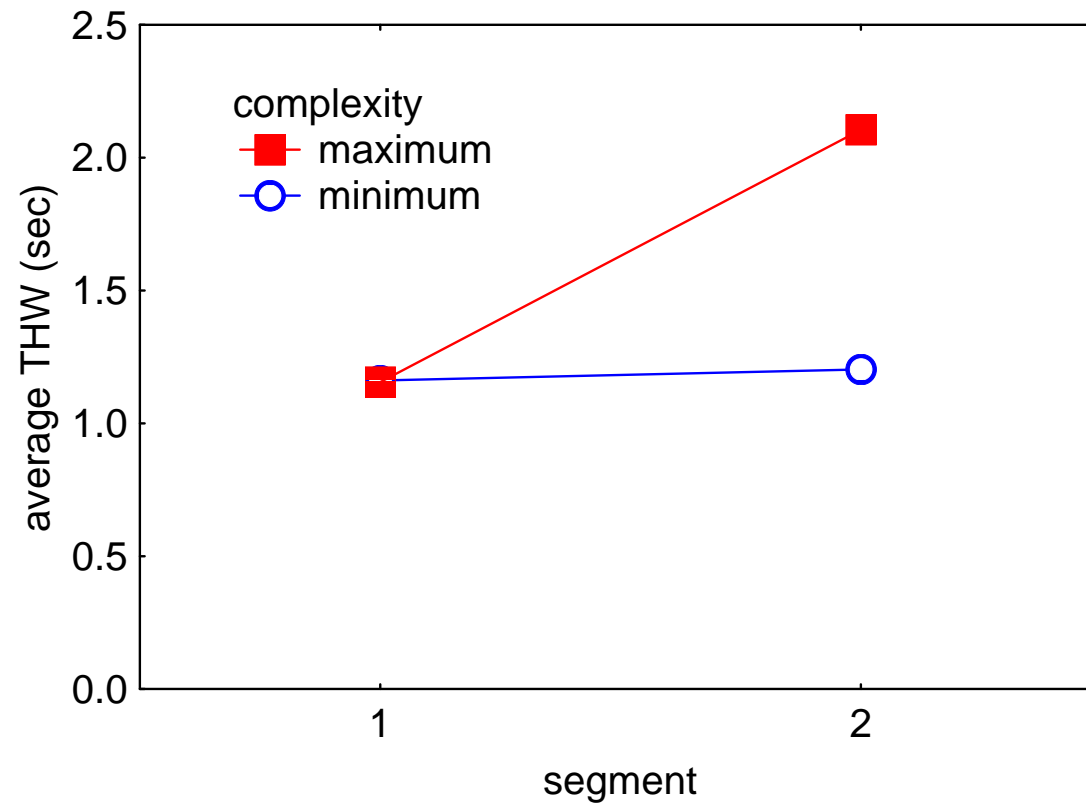
- Participants: 45 experienced drivers.
- Instruction: “*You are in a hurry*”  
(to avoid compensation on primary task)



## Design

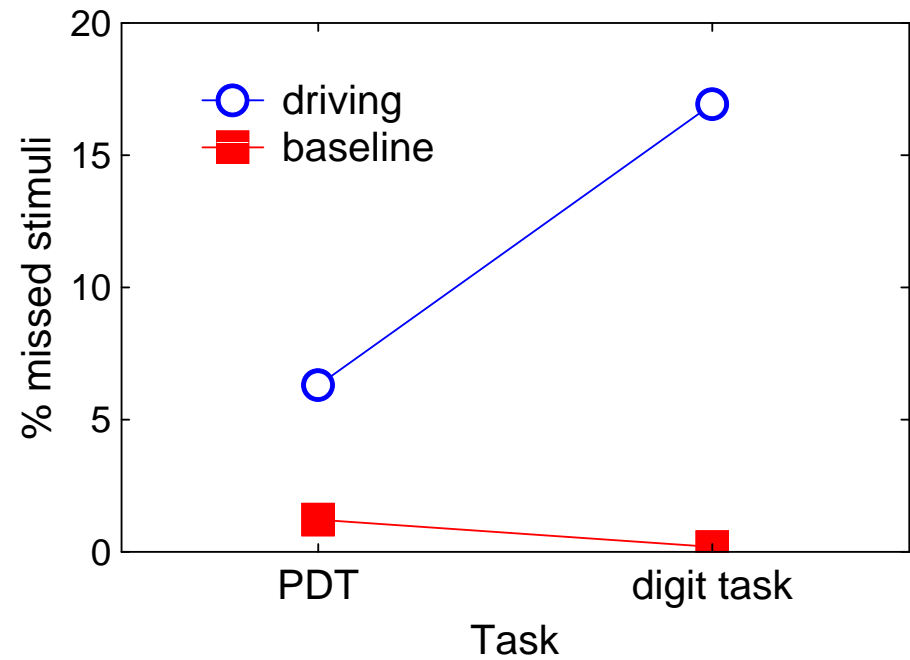
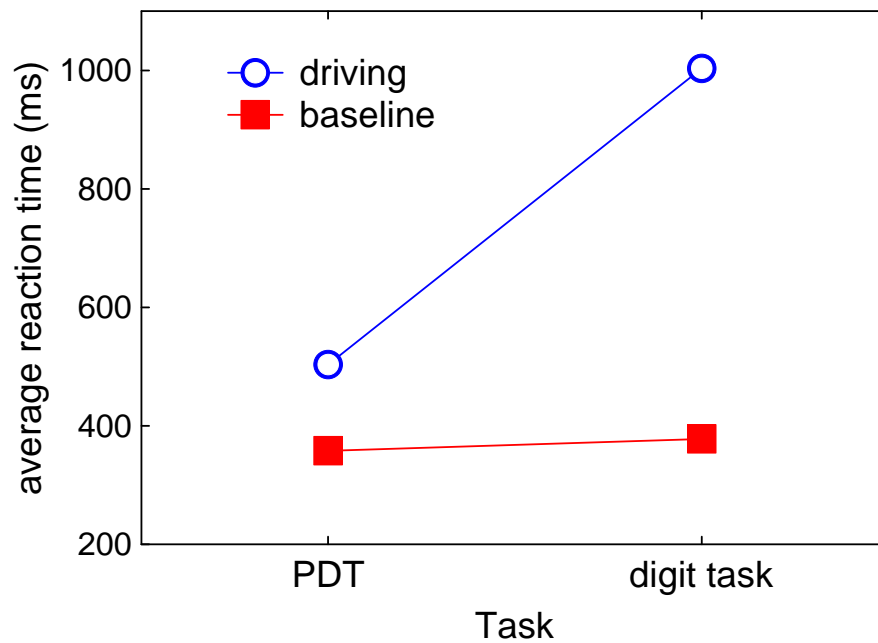
- Complexity (minimum – maximum)
- Segment (1: normal motorway; 2: road works)
- Secondary task
  - Without
  - With
    - PDT or digit task (between ss)

## Results: headway

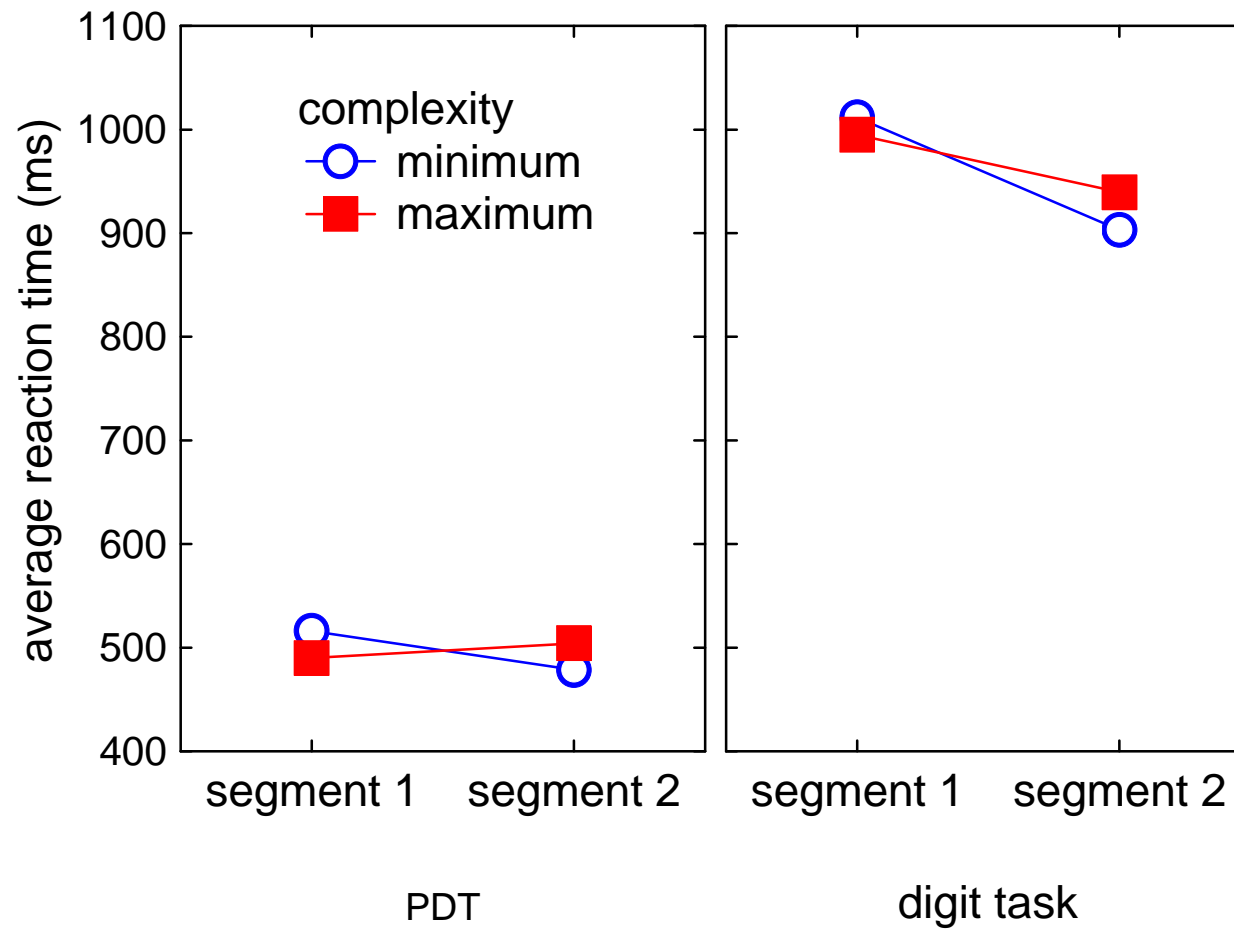




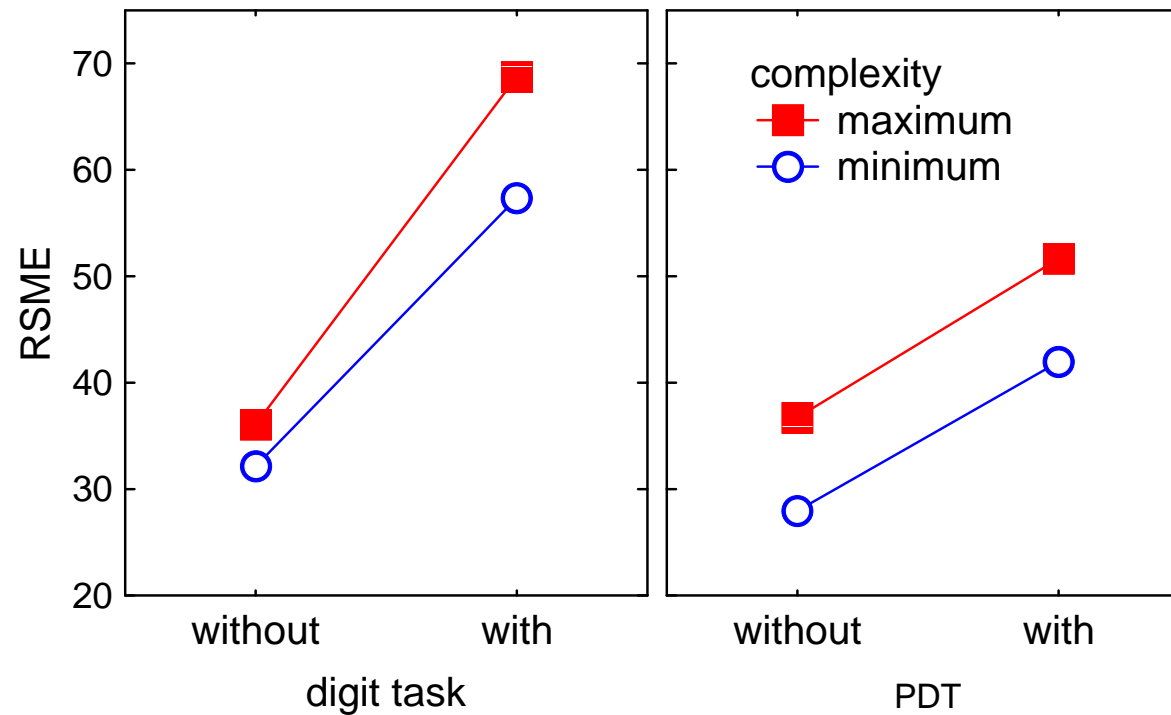
## Secondary tasks



# RT



# Rating Scale Mental Effort



# Discussion & Conclusions

- In this setting (*you're in a hurry*, plus secondary task): seems that subjects were able to avoid distraction by the visual complex environment.

Environment complexity:

- No effects in secondary tasks
- Effects in subjective rating (but which part of the run...?)

Secondary tasks did show effects:

- Straight road versus curve
- Lane keeping versus lane changing

